



NORTHAMPTON  
PARTNERSHIP HOMES

# Welcome to NPH's training programme for Winter 2019

**Courses including:**

**Keeping Safe Online**

**Managing Conflict**

**Healthy Lifestyle  
Workshop**

**Food Safety**

**IT for Universal  
Credit**





# Welcome to NPH's training programme for Winter 2019



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Our courses are free to NPH tenants, leaseholders and members of their households. Each course is run by a professional trainer and delivered in a relaxed, friendly and supportive environment.

## How to book

Booking onto a course is very easy. All you have to do is contact NPH's Customer Engagement Team. And then let us know which course you'd like to go on.

Call us on 01604 837836 or by email at [participation@northamptonpartnershiphomes.org.uk](mailto:participation@northamptonpartnershiphomes.org.uk).

## Want to try something different?

We try to offer something for everyone but if there's a course you want to do and we're not offering it, we may be able to help. We work with lots of local organisations.

So whether you want to brush up your basic skills, improve your wellbeing or find a job, we may know where you can go. Just give us a call!

## Meeting your needs

We aim to meet all our learners' needs to ensure you can take part fully in our courses. If you have any support needs please let us know when you book.

Handouts were excellent, everyone was made to feel welcome, the tutor definitely knows their subject, kept a learning pace so that everyone could keep up and understand.

## Expenses

We may be able to help you with out-of-pocket expenses like mileage, childcare or carer costs. We can also provide transport to training venues if required. Please ask us when you call.

## Cancellations

If for any reason you can't attend a course you have booked please tell us as soon as possible so that we can offer your place to someone else.

**Apart from just helping boost my confidence, after going on these courses, I now have a job that I love!**

**I'm so grateful to NPH for offering these courses, and I can't wait for the next ones.**



# The Courses

## January 2019 - April 2019

We have a lot of courses this season, so here are some of the highlights!

### The Healthy Lifestyle Workshop

Tuesday 15th January 2019 - 9:30am - 3:30pm

Montague Crescent

Community Hub, Off Hawksmoor Way, NN5 7RG

New Year New You! Come along to this session to learn some new gentle exercises, and how to create a healthy eating plan on a budget.

### Volunteering Level 1 AIM Award

Thursday 31st January - Thursday 14th February 2019 - 1pm - 4pm

Bouverie House Community Hub, Hardingstone, NN4 6EG

A certificated course to achieve an AIM award for those thinking about volunteering in the community.

Learn about the range and benefits of volunteering and how to apply for volunteer positions.

### 123 Magic Behaviours Programme

Tuesday 12th March 2019 - Tuesday 30th April 2019 - 1pm - 3pm

Spring Boroughs Community Hub

Join us and develop good family relationships built on your own home culture, enable your family to learn together and from each other.

Child care can be arranged so you are able to focus on learning.

### I.T for Universal Credit

Tuesday 5th March 2019 - 2pm - 4pm

Eastfield Close Community Hub, Duston, NN5 6TJ

Universal Credit was introduced in Northampton on November 14th 2018.

This course will prepare you with all the information and basic skills you need to manage your account online.

### Confidence in Speaking

Tuesday 26th February 2019 - 9:30am - 1pm

Eastfield Close Community Hub, Duston, NN5 6TJ

This course will help you understand different types of communication. You will learn how to manage your nerves and build your confidence.

### Course delivered by ENGIE & Jobskilla

### Digital Inclusion &

### Employability Course

Monday 25th February - Friday 8th March 2019 - 9am - 3pm

M2 Centre, 52 Sheep Street, Northampton, NN1 2LZ

This is a two week course designed to help those currently out of work who may need some help getting online.

On completing the course, you will receive a free laptop to use at home and a nationally recognised qualification.

Places are limited, so please contact Tracey Thomson to book your place -

TThomson@northamptonpartnershiphomes.org.uk

### Booking your place onto a course is as easy as 1-2-3!



1. Pick a course!



2. Get in touch with the team! - [participation@northamptonpartnershiphomes.org.uk](mailto:participation@northamptonpartnershiphomes.org.uk)



3. Come along and learn something new!

# Scheduled Courses

## January 2019 - April 2019

| Course                           | Date                    | Day       | Time          | Venue                           |
|----------------------------------|-------------------------|-----------|---------------|---------------------------------|
| Wellbeing & Crafts               | 10/01/2019 - 24/01/2019 | Thursday  | 1pm-4pm       | Bouverie House                  |
| The Healthy Lifestyle Workshop   | 15/01/2019              | Tuesday   | 9:30am-3:30pm | Montague Crescent Community Hub |
| Keeping Safe Online              | 15/01/2019              | Tuesday   | 2pm-4pm       | Eastfield Community Hub         |
| Introduction to IT               | 22/01/2019 - 12/02/2019 | Tuesday   | 2pm-4pm       | Eastfield Community Hub         |
| Volunteering Level 1 AIM Awards  | 31/01/2019 - 14/02/2019 | Thursday  | 1pm-4pm       | Bouverie House                  |
| Intermediate IT course 1         | 19/02/2019 - 12/03/2018 | Tuesday   | 2pm-4pm       | Bouverie House                  |
| Beginners Excel                  | 20/02/2019 - 13/03/2019 | Wednesday | 2pm - 4pm     | Montague Crescent Community Hub |
| Intermediate IT course 2         | 21/02/2019 - 14/03/2019 | Thursday  | 2pm-4pm       | Hinton Road Hub                 |
| Managing Conflict in Meetings    | 25/02/2019              | Monday    | 9:30am-1pm    | Eastfield Community Hub         |
| Confidence in Speaking           | 26/02/2019              | Tuesday   | 9:30am-1pm    | Eastfield Community Hub         |
| First Aid                        | 26/02/2019              | Tuesday   | 2pm-4pm       | Goldcrest Court Community Hub   |
| Introduction to Customer Service | 28/02/2019 - 14/03/2019 | Thursday  | 2pm-4pm       | George Nutt Community Hub       |
| IT for Universal Credit          | 05/03/2019              | Tuesday   | 2pm-4pm       | Eastfield Community Hub         |
| Level 2 Award in Food Safety     | 07/03/2019              | Thursday  | 10am-4pm      | Bouverie House                  |
| 123 Magic Behaviours Programme   | 12/03/2019 - 30/04/2019 | Tuesday   | 1pm-3pm       | Spring Boroughs Community Hub   |
| Beyond the Basic of Excel        | 20/03/2019 - 10/04/2019 | Wednesday | 10am-12pm     | James Lewis Court Community Hub |

## Contact us

NPH Customer Engagement



01604 837836



participation@northampton  
partnershiphomes.org.uk



www.northamptonpartnership  
homes.org.uk/learn-something-new



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